

Back to the Classroom
Core Curriculum Support Program



Module 7
Table Talks

Table Talks

Parent Resource





April 2018 Leadership Readiness

	Words of the Day	Leadership Tip of the Day	Morning Announcement
Mon 2	Co-dependency "relationship addiction" often form or maintain relationships that are one-sided, emotionally destructive and/or abusive.	Earn the respect of people at all level of the team.	AND NOW! Back to the Classroom: Healthy relationships are never one sided. Live without pretending, love without depending, listen without defending, and speak without offending. STAY IN YOUR LANE. PARENT NOTE: Ask your child to tell you their fondest and worst memory from their earlier childhood. Discuss the ways they have grown from the experience or evaluate ways they can use the experience to improve their present
Tue 3	Responsibility something for which one has a duty, obligation, or burden	Engage differing points of view.	AND NOW! Back to the Classroom: Where ever you go and whatever you do in life, you will have responsibilities. Having responsibility in your relationships is important. If you are not responsible for anything, you work for nothing. A relationship will not withstand that for too long. STAY IN YOUR LANE. PARENT NOTE: Encourage your child to regularly find lessons in their own life. Ask them to share a few things they learned from their own life in the recent weeks prior.
Wed 4	Responsible able to make moral or rational decisions on one's own	Works across functions to get the job done	AND NOW! Back to the Classroom: Quote for the day: Moliere "it is not only for what we do that we are held responsible, but also for what we do not do." STAY IN YOUR LANE. PARENT NOTE: Learn a little bit about your child's social tools. Ask them what are the things that they feel they cannot live without. Help them come up with alternatives for the things they feel they cannot live without. The alternatives will be the things that will help them cope in the absence of the things they feel they dependent upon most.
Thurs 5	Accountability expected or required to account for one's actions; answerable	Act as a strong advocate for those they manage and mentor.	AND NOW! Back to the Classroom: What are your goals? You will better at holding yourself accountable for goals that others know about. Tell someone what you're up to at lunch today. STAY IN YOUR LANE. PARENT NOTE: We all have watched a movie or listened to a song that inspires us to do greater things with our life. Ask your child if which song or movie does that for them. Share your favorites with the and maybe make watch or listen together.
Fri 6	Reliable to be trusted; predictable or dependable	Empowers others!	AND NOW! Back to the Classroom: Being reliable means that when you say you are going to do something, you do it. When you have a commitment to someone or something, you follow through. Learn to follow through in what you say you will do. STAY IN YOUR LANE. PARENT NOTE: Discover your child's strengths. We tend to develop the attributes in which we feel most confident. Ask your child what are their best attributes. What do they like about themselves the most. These will be the attributes that would probably be the easiest for them to develop and also the easiest for them to teach others.

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Mon 9	Prioritize to arrange or deal with in order of importance	Build collaborative teams and guide them to execute big projects.	AND NOW! Back to the Classroom: When it comes to making healthy decisions in life, you must have your priorities in order. Make a list of things that you want in your life, write them all down and the necessary steps you need to make to achieve them. Go over them and figure out which ones are most important. Not prioritizing makes it harder for you to finish anything. STAY IN YOUR LANE. PARENT NOTE: Help your child find out what drives them. Make a list of the things that matter to them. Know that the things listed are most likely what will drive them to their next stage of development. Find the fuel!
Tue 10	Obligation A social, legal, or moral duty, contract, or promise, that compels one to follow or avoid a course of action	Take risks.	AND NOW! Back to the Classroom: Quote of the day: Albert Einstein said, "It is everyone's obligation to put back into the world at least the equivalent of what he/she takes out." How are you fulfilling your obligation today? Pay it forward. STAY IN YOUR LANE. PARENT NOTE: Find more fuel! Inspiration often comes from dreaming. Ask your child where they would like to travel and why. Also, consider finding comparable places in your own state. For instance, if your child would like to go to Venice canal town, maybe plan a mini vacation to the canal town in Ft. Lauderdale or even canoeing at your state park.
Wed 11	Wisdom gaining experience, knowledge; common sense; good judgment	Build up team members and helps them grow	AND NOW! Back to the Classroom: What are the differences between knowledge, wisdom, and insight? Knowledge, wisdom, and insight may sound like synonyms, but they are not. Though they all refer to the mind and an accumulation of thoughts and experiences, they have some very real differences in the essence of their meanings and their applications in our life. STAY IN YOUR LANE. PARENT NOTE: One of the most favorite conversations to have is when someone asks, "What would you buy if you won a million dollars?" You can learn so much about your child's value system through the answer to this question. It may be a good idea to share the items you would put on your list as well. This is an
Thurs 12	Precaution an action taken in advance to protect against possible danger, failure, or injury	Attributes successes to those who contributed	AND NOW! Back to the Classroom: Precaution is making yourself ready in case of danger. It's preventative medicine. To be able to face all that happens to you, you must be prepared for anything. Life has many lessons for you to learn from, but you must have to use tools to be able to handle some of them. Sometimes things may seem easy, just be prepared. STAY IN YOUR LANE. PARENT NOTE: We each have a unique way to inspire one another. In what way does your child inspire others. Find out what ways would they like to help make people better.
Fri 13	Character the distinguishing nature of something; moral strength; integrity; public estimation of someone; reputation	Identifies and utilizes others' strengths as well as their own.	AND NOW! Back to the Classroom: Each of us allows certain experiences to help build our character. The things we allow alter and add to our human potential. Character is the fiber to the strength of your person. STAY IN YOUR LANE. PARENT NOTE: How many more years does your child have left of high school. Have a talk about ways to improve your child's education experience. What things do they like or dislike about school? What are their natural incentives for going to school every day?

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Mon 16	Flaw an imperfection, often concealed, that impairs soundness	Remove obstacles from a team's path.	AND NOW! Back to the Classroom: We all have flaws. Do not hide them, they are what makes you unique. Being different is ok. You don't have to be like everyone else. Keep your individuality, it's what makes you – you. STAY IN YOUR LANE. PARENT NOTE: Turning negatives into positives. Give your child a personal example of a time something in your life was perceived to be negative that you could use in a positive way
Tue 17	Leadership capacity or ability to lead; guidance; direction	Allow people to learn from mistakes.	AND NOW! Back to the Classroom: Leaders not only lead people, but go into the battles on the front lines. Being a leader consists of being you despite what other people want you to be, holding strong to your value and morals and helping others to stand up for what they believe in. STAY IN YOUR LANE. PARENT NOTE: Most leaders are good problem solvers. They can assess a problem and find the root cause of it. Good leaders look for the true cause to find solutions. Discuss a problem in your household. Encourage your child to find the root cause to the problem and ways to address it.
Wed 18	Quality an inherent or distinguishing characteristic	Motivates people and aligns them around team goals.	AND NOW! Back to the Classroom: The qualities that we have are what distinguish us from the rest. You are the only person that can make your qualities good or bad. Always strive for the best. Work at establishing good qualities about yourself, for yourself. STAY IN YOUR LANE. PARENT NOTE: Has your child ever had to be responsible for another being? Babysitting? Pet sitting? Ask them about that experience and how stressful or easy it may have been. If they do not have any experience caring for anyone other than themselves, it may be a good time to change that. Explore ways you can help them grown in this area.
Thur 19	Thrive To grow vigorously; flourish; to be successful or make steady progress; prosper	Develops strong talent.	AND NOW! Back to the Classroom: Don't just survive, thrive! Learn how to become the best possible version of yourself! STAY IN YOUR LANE. PARENT NOTE: What senses does your teen need most to thrive? If they had to lose one, which one would it be and why? How would they overcome the loss.
Fri 20	Work Ethic an ethical principle that places greatest value on hard work and diligence	Learn to delegate task.	AND NOW! Back to the Classroom: Your work ethic is how you dedicate yourself to your obligations. If you work hard and strive to do the best that you can in all that you do, you will not only inspire others but you will feel more confident in your abilities. STAY IN YOUR LANE. PARENT NOTE: Talk to your child about the importance of staying on a task. Many people have lots of great ideas and are unable to execute them as planned. They may never realize this truth unless they write the ideas/plan down and revisit them to see if they were completed. Write one goal for a project to be completed by next week. See if you all can complete the task as planned

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Mon 23	Goals measurable milestones that are established to indicate the success of a plan	Celebrate others' achievements.	AND NOW! Back to the Classroom: Goals are the things that you want to achieve. Goals are important to have in life. If you have no goals, what are you working for? Set goals. Make some attainable right away and some long-term. STAY IN YOUR LANE. PARENT NOTE: Planning for the week. Talk about how long it took to get ready for school this morning. Think of something that can be done the night before that will make the mornings go more smoothly and go do it now. Ask your child to make it a goal to plan more carefully.
Tue 24	Knowledge the sum or range of what has been perceived, discovered, or learned	Trusts others to do their jobs without micromanaging	AND NOW! Back to the Classroom: As we grow, we gain knowledge through things that happen to us, good and bad. We also gain knowledge through learning. To gain the proper knowledge needed to live a good life, we must be open minded. If we go along in our lives with a closed mind, we may never learn what is needed. STAY IN YOUR LANE. PARENT NOTE: Leaders never stop learning. Encourage your child to become a google-ologist. Empower them by letting them know that they are only a search engine away for gaining new knowledge every day. Consider learning a brain sport.
Wed 25	Failure a decline in strength or effectiveness	Stands up for what you believe in.	AND NOW! Back to the Classroom: Only once that you have given up, can you be a failure. Each time that you get up after you have not reached your desired results, only makes you stronger and more determined. So, keep trying, and you will never be a failure. STAY IN YOUR LANE. PARENT NOTE: Life is full of opportunity. Encourage your child by letting them know that a failure can also be an opportunity to take a new and improved path. We should always work to reach goals, but we should never feel defeated if we gave it our all.
Thur 26	Persistence continuance of an effect after the cause is removed	Work across functions to get the job done.	AND NOW! Back to the Classroom: Being persistent means not giving up easily. If you fall, get back up. If you stumble, regain your balance and stake that next step. Don't look back! This is why the rear-view mirror is so small and the windshield is so large. STAY IN YOUR LANE. PARENT NOTE: There is a line where persistence becomes obsession. Talk to your child about that line. We should be persistent if it does not consume more time than it should. Ask your child to consider the value of a task and determine if it is worth their continuance.
Fri 27	Heed to make an effort to hear something; to pay attention; take notice to	Helps others shine.	AND NOW! Back to the Classroom: Hearing and listening are very different things. We hear things all the time, but how many times do you heed what is being said by acting accordingly? To truly find the meanings of all things said, we must not only hear but listen too. STAY IN YOUR LANE. PARENT NOTE: Revisit the idea/goal that you all wrote last Friday. Did you complete the task? Were you able to execute your plan. Congratulations if you could follow through. If not, figure why you were unable to finish what you planned and re-evaluate.

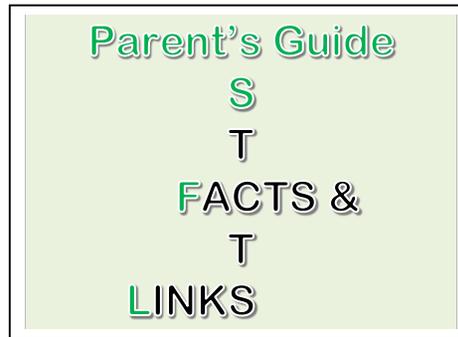
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Mon 30	Comprehend to become aware of the intended meaning	Creates opportunities for visibility.	<p>AND NOW! Back to the Classroom: So now you have heard and listened, but did you comprehend? Never walk away from the table nodding in unison. If you don't understand something, ask questions. You will never understand if you don't ask questions. STAY IN YOUR LANE.</p> <p>PARENT NOTE: Ask your child if there is something that they do so well that they feel they can teach it to someone. Many people learn better through teaching and modeling behavior. Encourage your child to better develop their skills by becoming an instructor.</p>
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Practicing the Leadership Skills

Colleges place a strong emphasis on leadership, as any high school senior who is filling out applications can tell you. We watch movies and read books about leaders. It borders on a national obsession (Baskin, 2012).

- Talk to your teen about getting involved in activities that help teach leadership.
- Discuss with your teen the importance of practicing the leadership skills he/she has learned.

Leading is more about learning specific skills than possessing inherent qualities. In this way, being a leader is like being an athlete. Certainly, some children are born with attributes that aid in athletics, such as size and quick reflexes. But success in athletics requires thousands of hours of practice to acquire the skills needed for success. Regardless of genetics, there is no substitute for practicing forehands and backhands if one wishes to excel at tennis. Ultimately, success has much more to do with the skills honed through practice than genetics.

For more information: <https://www.psychologytoday.com/blog/smores-and-more/201212/teaching-teens-lead>

The Importance of Getting an Education

Today's economy calls for critical skills that go beyond the basics. To ensure the economic strength of our country, students must graduate high school ready for college, careers and life. The U.S. Department of Education has invested more than \$1 billion in early education; implemented strategies that improve achievement and close opportunity gaps, and awarded billions of dollars through such grant programs as Race to the Top, Investing in Innovation, and School Improvement Grants; and expanded college access and affordability for families (U.S. High School Graduation Rate Hits New Record High, 2015).

- Discuss with your teen the importance of getting an education.
- Discuss with your teen the disadvantages of dropping out of school.

For more information: <https://www.ed.gov/news/press-releases/us-high-school-graduation-rate-hits-new->

Your Teen's Actions and Reactions

They say you never escape high school. And for better or worse, science is lending some credibility to that old saw. Thanks to sophisticated imaging technology and a raft of longitudinal studies, we're learning that the teen years are a period of crucial brain development subject to a host of environmental and genetic factors.

This emerging research sheds light not only on why teenagers act the way they do, but how the experiences of adolescence—from rejection to binge drinking—can affect who we become as adults, how we handle stress, and the way we bond with others (JUSKALIAN, 2016).

- Discuss with your teen how the actions they are doing now will affect their life in the future.

Discuss with your teen that the actions they are doing now will affect that person in the future.

For more information: <http://www.newsweek.com/how-teen-experiences-affect-your-brain-life-69099>