

April

Leadership Readiness

Leadership readiness is not a component to Core Curriculum. However, we add this component as a Cognitive Behavior Therapy. Teens who hold themselves to be accountable as leaders behave much more responsibly. They also gain a social role and become a school resource through this mentor training process.

“It takes nothing to join the crowd. It takes everything to stand alone”
– Hans F. Hansen

Through the guidance teens can learn to:

- Listen without offering advice
- Share information because that’s what good leaders do
- Respect everyone’s right to confidentiality to ensure trust
- Keep a positive attitude
- Be inclusive when working with others
- Respect and celebrate our differences
- Be respectful and encourage peers to set and reach goals
- Advocate for those in harm’s way
- Look for good and positive attributes in everyone they meet
- Be receptive to the suggestions of others
- Discourage poor decision making
- Show peers how to diffuse and refuse negative situations
- Become a positive asset for school, family, and community

Daily Conversations/Activities

April 1 – April 8
Leadership Readiness

Saturday, April 1, 2018

Pick a family activity from page

Monday, April 2, 2018

TABLE TALK: Ask your child to tell you their most fond and hardest memory from their early childhood. Discuss the ways they have grown from the experience or evaluate ways they can use the experience to improve their present self.

Tuesday, April 3, 2018

TABLE TALK: Encourage your child to regularly find lessons in their own life. Ask them to share a few things they learned from their own life in the recent weeks prior.

Wednesday, April 4, 2018

TABLE TALK: Learn a bit about your child’s social tools. Ask them what are the things that they feel they cannot live without. Help them come up with alternatives for the things they feel they cannot live without. The alternatives will be the things that will help them cope in the absence of the things they feel they depend upon most.

Thursday, April 5, 2018

TABLE TALK: We all have watched a movie or listened to a song that inspires us to do greater things with our life. Ask your child which song or movie does that for them. Share your favorites with them and maybe watch or listen together.

Daily Conversations/Activities

April 1 – April 8 (cont.)
Leadership Readiness

Friday, April 6, 2018

TABLE TALK: Discover your child's strengths. We tend to develop the attributes in which we feel most confident. Ask your child what their best attributes are. What do they like about themselves the most. These will be the attributes that would probably be the easiest for them to develop and the easiest for them to teach others.

Saturday, April 7, 2018

Pick a family activity from page 32

Sunday, April 8, 2018

Pick a family activity from page 32



Daily Conversations/Activities

April 9 – April 15
Leadership Readiness

Monday, April 9, 2018

TABLE TALK: Help your child find out what drives them. What things matter most to them in life. Have your child make a list of the things that matter to them. Know that the things listed are most likely what will drive them to their next stage of development. Find the Fuel!

Wednesday, April 11, 2018

TABLE TALK: One of the most favorite conversations to have is when someone asks, "What would you buy if you won a million dollars?" You can learn so much about your child's value system through the answer to this question. It may be a good idea to share the items you would put on your list as well.

Friday, April 13, 2018

TABLE TALK: How many more years does your child have left of high school? Have a talk about ways to improve your child's education experience. What things do they like or dislike about school? What are their natural incentives for going to school every day?

Saturday, April 14, 2018

Pick a family activity from page 32

Tuesday, April 10, 2018

TABLE TALK: Fine more fuel! Inspiration often comes from dreaming. Ask your child where they would like to travel and why. Also, consider finding comparable places in your own state. For instance, if your child would like to go to Venice, Canal Town, maybe plan a mini vacation to the Canal Town in Ft. Lauderdale or even canoeing at your state park.

Thursday, April 12, 2018

TABLE TALK: We each have a unique way to inspire one another. In what way does your child inspire others. Find out what ways would they like to help make people better.

Sunday, April 15, 2018

Pick a family activity from page 32

Daily Conversations/Activities

April 16 – April 22
Leadership Readiness

Monday, April 16, 2018

TABLE TALK: Turning negatives into positives. Give your child a personal example of a time something in your life was perceived to be negative that you could use in a positive way. Explain how our tests can be our testimonies.

Wednesday, April 18, 2018

TABLE TALK: Has your child ever had to be responsible for another being? Babysitting? Pet sitting? Ask them about that experience and how stressful or easy it may have been. If they do not have any experience caring for anyone other than themselves, it may be a good time to change that. Explore ways you can help them grow in this area.

Friday, April 20, 2018

TABLE TALK: Talk to your child about the importance of staying on a task. Many people have lots of great ideas and are unable to execute them as planned. They may never realize this truth unless they write the ideas/plan down and revisit them to see if they were completed. Write one goal for a project to be completed by next week. See if you all can complete the task as planned.

Saturday, April 21, 2018

Pick a family activity from page 32

Tuesday, April 17, 2018

TABLE TALK: Most leaders are good problem solvers. They can assess a problem and find the root cause of it. Good leaders look for the true cause to find solutions. Discuss a problem in your household. Encourage your child to find the root cause to the problem and ways to address it.

Thursday, April 19, 2018

TABLE TALK: What sense does your teen need most to thrive? If they had to lose one, which one would it be and why? How would they overcome the loss?

Sunday, April 22, 2018

Pick a family activity from page 32

Daily Conversations/Activities

April 23 – April 30
Leadership Readiness

Monday, April 23, 2018

TABLE TALK: Planning for the week. Talk about how long it took to get ready for school this morning. Think of something that can be done the night before that will make the mornings go more smoothly and go do it now. Ask your teen to take it a goal to plan more carefully.

Wednesday, April 25, 2018

TABLE TALK: Life is full of opportunity. Encourage your teen by letting them know that a failure can also be an opportunity to take a new and improved path. We should always work to reach goals, and never feel defeated if we gave it our all.

Friday, April 27, 2018

TABLE TALK: Revisit the idea/goal that you all wrote last Friday. Did you complete the task? Were you able to execute your plan. Congratulations if you were able to follow through. If not, figure why you were unable to finish your planned task.

Saturday, April 28, 2018

Pick a family activity from page 32

Tuesday, April 24, 2018

TABLE TALK: Leaders never stop learning. Encourage your teen to become a google-ologist. Empower them by letting them know that they are only a search engine away for gaining new knowledge every day. Consider learning a brain sport. Make learning a hobby

Thursday, April 26, 2018

TABLE TALK: There is a fine line where persistence becomes obsession. Talk to your teen about that line. We should be persistent as long as it does not consume more time than it should. Ask your teen to consider the value of a task and determine if it is worth their continuance.

Sunday, April 29, 2018

Pick a family activity from page 32

Monday, April 30, 2018

TABLE TALK: Ask your teen if there is something that they do so well that they feel they can teach. Many people learn better through teaching and modeling behavior. Encourage your teen to better develop their skills by becoming an instructor.

