

SAMPLE FLYER

Club Facilitated By



Sponsored By:

YOUR SCHOOL LOGO HERE



Student Wellness Club for Ages 5-18

Good Health

Good Relationships

Good Communication



Taking Care of Your Health

Building Healthy Relationships

Communicating Effectively

"The Good Life Summer Camp"

Gives preteens/teens a chance to think about how the choices they make affect their health and well-being. Topics such as eating healthy foods, being physically active and staying away from alcohol and drugs are highlighted.

Good Choices

Good Feelings
Good U



Location

YOUR LOCATION HERE

Your Days/Times Here!

Resisting Peer Pressure
Resisting Substance Abuse
Resisting Prescription Misuse

Managing Stress
Managing Moods
Managing Anxiety

Call to book: 856-691-6676